

# Biome Breakfast Menu

October 2026

| Sunday | Monday                                                           | Tuesday                                                                       | Wednesday                                                       | Thursday                                                                                  | Friday                                                                   | Saturday |
|--------|------------------------------------------------------------------|-------------------------------------------------------------------------------|-----------------------------------------------------------------|-------------------------------------------------------------------------------------------|--------------------------------------------------------------------------|----------|
|        |                                                                  |                                                                               |                                                                 | 1<br>Egg and Cheese<br>Croissant<br>Melon<br>Juice<br>Milk                                | 2<br>WG Pull apart<br>cinnamon rolls<br>Fruit Cocktail<br>Juice<br>Milk  | 3        |
| 4      | 5<br>WG CN Apple<br>Strudel<br>Applesauce<br>Juice<br>Milk       | 6<br>WG CN Pancakes/<br>Syrup<br>Sausage<br>Mandarin Oranges<br>Juice<br>Milk | 7<br>HM Yogurt<br>Parfait<br>Juice<br>Milk                      | 8<br>CN Egg Skillet<br>Apple<br>Milk                                                      | 9<br>WG CN Donut<br>Holes<br>Apple<br>Juice<br>Milk                      | 10       |
| 11     | 12<br>WG CN Breakfast<br>buns<br>Fruit Cocktail<br>Juice<br>Milk | 13<br>WG Waffles w<br>Mixed Berries<br>Juice Milk                             | 14<br>WG CN Banana<br>Bread<br>Mandarin Orange<br>Juice<br>Milk | 15<br>HM WG Bagel,<br>Egg, Sausage, and<br>cheese Sandwich<br>Applesauce<br>Juice<br>Milk | 16<br>WG CN Cherry<br>Frudel<br>Peaches<br>Juice<br>Milk                 | 17       |
| 18     | 19<br>WG CN Muffin<br>Applesauce<br>Juice<br>Milk                | 20<br>WG Breakfast<br>Burrito<br>Pineapple<br>Juice Milk                      | 21<br>WG CN Blueberry<br>Bread<br>Apple<br>Juice<br>Milk        | 22<br>WG Turkey<br>Sausage, egg, and<br>cheese Muffin<br>Fruit cocktail<br>Juice Milk     | 23<br>No Breakfast                                                       | 24       |
| 25     | 26<br>No Breakfast                                               | 27<br>Scrambled Eggs<br>Hashbrowns<br>Oranges<br>Juice<br>Milk                | 28<br>WG CN Lemon<br>Bread<br>Apple<br>Juice<br>Milk            | 29<br>HM WG Chicken<br>Biscuit Sandwich<br>Melon<br>Juice<br>Milk                         | 30<br>WG Pull apart<br>cinnamon rolls<br>Fruit Cocktail<br>Juice<br>Milk | 31       |

\*WG denotes whole grain rich food.

\*\*CN denotes Child Nutrition Label

^HM denotes a from scratch recipe

Menu conforms to the nutritional requirements set out by the School Breakfast Program (SBP)